

TOWERS TIMES

Bulletin of Rotary Club of Chennai Towers

Volume 27 Issue 3



Happy recipient of Ambuli, a toy donation drive at the Government Balwadi, Kottivakkam

At a Glance

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- Digital marketing training program
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- Teachers Day Celebrations
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Regular features:

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Key dates for October

- 6th October VOD Prelims
- 6th October District Awards Nite
- 8th October Board meeting
- 13th October VOD Finals
- 26th October Diwali Nite
- TBA Medical Camps



Chartered on 10th June, 1998. Charter number: 51278



Rtn Shalin Shah President



Rtn Sanjey Ahuja Secretary



Community Service: Medical

Director: Rtn. Satish Kandimalla

For the staff and sub-staff of Patrician College of Arts and Science

6th September 2024



Total Count: 67

Detected the following: Diabetes - 8 Systemic Hypertension - 25 Hepatitis B - Nil Hepatitis C - 1 Positive

ECG: 22



At Sri Valampuri Karpaga Vinayagar Temple

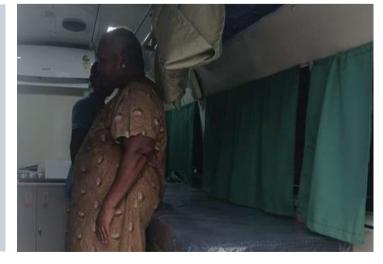
8th September 2024





Total Count: 71

Detected the following: Diabetes - 26 Systemic Hypertension - 27 Hepatitis B - Nil Hepatitis C - Nil



ECG: 7

At Aadi Dravida <mark>Valiba C</mark>hirdirutha Sangam, Purasaiwakkam

12th September 2024





Total Count: 58

Detected the following: Diabetes - 26 Systemic Hypertension - 26 Hepatitis B - Nil Hepatitis C - Nil

With Chennai Liver Foundation and Equitas Bank



At Om Sak<mark>thi Vina</mark>yagar Temple Govindan Street, Ca<mark>rnatick M</mark>ill, Jamaliya Perambur

17th September 2024



Total Count: 94

Diabetes - 5 Systemic Hypertension - 31 Hepatitis B - 1 Positive Hepatitis C - Nil ECG: 12

With Chennai Liver Foundation and Equitas Bank



At Vivekananda Vidyalaya Junior college, Maha<mark>kavi Bhar</mark>athiyaar Nagar, Vyasarpadi

22nd September 2024







Total Count: 180

Detected the following: Diabetes - 27 Systemic Hypertension - 66 Hepatitis B - Nil Hepatitis C - Nil

ECG: 13



Medical Camp At KC Toshniwal Vivekananda Vidyalaya School,

Manali, Mathur.

22nd September 2024



Total Count: 116

Detected the following: Diabetes - 20 Systemic Hypertension - 5 Hepatitis B - Nil Hepatitis C - Nil

With Chennai Liver Foundation



At Poondi Village, Tiruvallur District

28th September 2024





Total Count: 60

Detected the following: Diabetes - 30 Systemic Hypertension - 12 Hepatitis B - Nil Hepatitis C - Nil

ECG: 8

With Chennai Liver Foundation



Ongoing projects:

Balanethra



25 babies were saved from blindness under Balanethra in the July –September quarter.

Thanks to PP Rtn Dr Vasumathy and spouse Dr Praveen of Radhatri Nethralaya for the laser surgeries.

These surgeries are part of Rtn Anandakrishnan's contribution to save hundred babies, for this Rotary year.





Community Service: Non Medical

Director: Rtn. Rukmani

Ambuli

Toy Donation Drive for underprivileged children

9th September 2024



Ambuli, a toy donation drive, was held to benefit the children in the Government Balwadi in Kottivakkam. The children were immensely joyful in their beautiful little toy world.

Our special thanks to Anns Mala and Radha for sending near to new toys for the little ones.



Asthra

Self-Def<mark>ense wo</mark>rkshop at Mary Clubwala School

18th September 2024



The self-defense workshop for hundred adolescent girls at Mary Clubwala Jadhav Girls Higher Secondary School, was held on 18th September. Students were taught the importance of being aware and alert.

Trainers Sandhya and Kamesh trained each participant with individual attention and taught them with great patience. It was a wonderful session that boosted the girls' confidence.

Their joyful smiles echo the words of poet Bharathi: "Did you think I would fall?!" (வீழ்வேனென்று நினைத்தாயோ?!!). ASTHRA – truly remarkable!

Special thanks to Rtn Venkatesh and District Literacy Chair PP Rtn Rajesh Narang for sponsoring juice and snacks for the participants.

Members present at the workshop were Secretary Rtn Sanjey Ahuja, Rtn Jayashree and Ann Anuradha.



Saree Distribution

at Vishranthi old age home

27th September 2024



Anns Radha and Nirmala with Rtn Gopal distributed sarees at Vishranthi, a home for the aged, and spent some quality time with the residents.





Director: Rtn Samuel Mathew

Vocational training session

5th September 2024



Seventeen inspiring women underwent a training program on digital marketing organized by RCCT at TN Rise, representing a variety of sectors:

- Food Processing: 5
- Personal Care & Wellness: 3
- Manufacturing: 3
- Handicrafts: 2
- Handloom/Textiles: 2
- Edutainment: 1
- HealthTech: 1

We are confident that this training, conducted by RCCT in partnership with the TN-RISE Women Startup Council (an initiative of the Tamil Nadu government), will empower these entrepreneurs to enhance their digital presence and expand their businesses.

A special thanks to President Shalin for being there and engaging in a fruitful discussion with the CEO of TN Rise Dr Uma Maheswari about future projects, and to Ann Anuradha for her encouragement and Ann Monika for all the supportive efforts!



Director: Rtn Anandhakrishnan

Onam Special lunch

<mark>at</mark> Anna Lakshmi

8th September 2024



We celebrated Onam with a sumptuous lunch on 8th September in Annalakshmi, Egmore. The 75 members-strong RCCTians created quite a stir with our signature joie de vivre, spreading cheer and bonhomie.



Director: Rtn. K P Jayashree

Award: Rotary Excellence in Education

20th September 2024



Mr. Suresh, Vice –Principal of KRMM school, (Interact school of RCCT), received the Rotary Excellence in Education award to Teachers.



Chair: Rtn. Dr Vignesh Pushparaj

Teachers Day Celebrations

At Anjugam Primary School

5th September 2024



RCCT celebrated Teachers day at Anjugam Primary School with lunch for all the teachers of the school.

We felicitated two of the sub staff who have been working at the school for more than ten years - the friendly auto anna and the tailor who have been a great help to the staff and students.



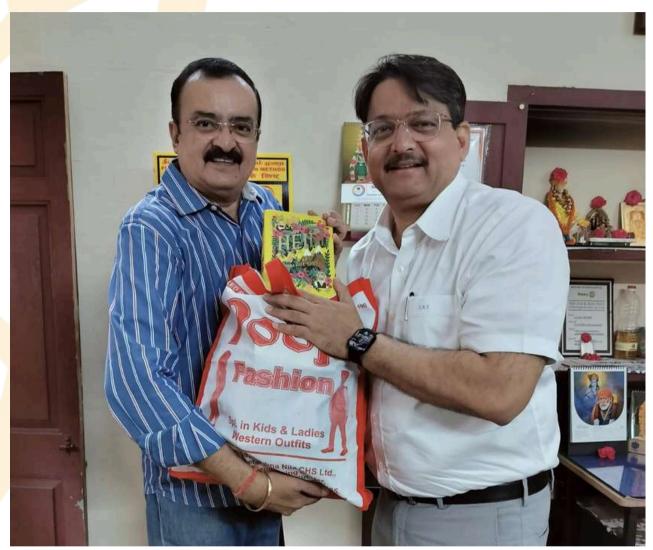
Wo<mark>rld</mark> Literacy Day

8th September 2024



An Essay writing competition was conducted at KRMM School and Vidya Mandir Senior Secondary School to celebrate World Literacy Day.

Literacy Month



A book donation drive, as part of Literacy month celebrations, was held by Literacy Avenue.

Literacy Chair Rtn Dr Vignesh, PP Rtn Rajesh Narang and Rtn Srikumar, and Ann Shobha collected books donated by our members.



Felicitation of Rtn. PP. Satish Jupiter



Charter member PP Rtn Satish Jupiter joined the District 3233 team as the Assistant Governor for the year 2025-2026. Here's wishing him a great year ahead.



Awards Ceremony at Shenoy Nagar



District 3233 felicitated Teachers at Chennai Girls Higher Secondary school, Pulla Avenue, Shenoy nagar .



Workshop for teachers on September 14th at Sri Sankara Matriculation School Adyar.



District Literacy Committee 3233, in association with the lead club – Rotary club of Chennai Towers, in collaboration with few other clubs of the district, conducted a one day workshop for 140 teachers from various schools and educational trusts. The workshop was mainly focused on helping teachers identify and support children with dyslexia.

District Governor Rtn S Mahaveer Bothra was the Chief guest of the event.

The Literacy committee members Rtn Dr Sumedha, Rtn Rukmani, Anns Archana and Biju helped in organizing this mega event. Members from our club who helped at the reception desk with registration, distribution of certificates and in organizing lunch were PP Rtn Krishnachander, Anns Deepa, Manasa, Sandhya and Annet Suhitha.





Annet Sushmita, daughter of Rtn Dr Vignesh Pushpraj and Ann Dr Runitha has been selected for the finals at the Dance of District.





President Shalin Shah met members of the Rotary club of Amethyst over breakfast to discuss joint club projects.



Rotary events around the world

"Education is th<mark>e most pow</mark>erful weapon we <mark>can use to c</mark>hange the wo<mark>rld"</mark> Nelson Mandela

> From the year 2014-2015: Rotary International declared the month of September as Literacy month for the year

RILM

Rotary's India Literacy Mission The main objective is to eradicate illiteracy in India by the year 2025 covering 20 states,100,000 villages and 10 million beneficiaries

Rotary Reading Program in South Africa was set up to enhance reading skills among primary school students in Western Cape Province. In a quick span, 50 reading centers with more than 200 teachers provided reading materials. All these efforts led to improved reading skills and an increase in school attendance, thus increasing the literacy rate in the region.

Rotary's E- Learning initiative in Villupuram district in Tamil Nadu has resulted in a phenomenal increase in student engagement and digital literacy in the rural areas. In about 20 schools, digital content and training for teachers over a period of time was provided by Rotary club of Chennai in partnership with few NGOs.



Achievements



Aryan Venkatasamy, grandson of PP Rtn Vijayakumar and Ann Mala, has been selected to represent Tamil Nadu in the National Sub-Junior Boys Football Championship being held in Assam.



Annet Jaden Samuel Mathew, son of Rtn Sam Mathew and Ann Monica, has reached the U13 Quarterfinals in the State Badminton Ranking Tournament held in Mayiladuthurai. He secured the 5th Rank in Tamil Nadu.

Despite the challenge of balancing academics and sports during his half-yearly exams, he successfully participated in multiple tournaments, including Cluster, Nationals, and the State Ranking.



Pondicherry ophthalmologist association recognised PP Rtn Dr Vasumathy's contribution for imparting knowledge transfers to retina specialists

Wedding Anniversaries

RCCT extends warm wedding anniversary wishes to the lovely couples celebrating their special day. Congratulations!





Rtn Praveen & Ann Carmel

Rtn Ketan Shah



Name: Ketan Shah also known as B Shah	Most memorable moment in my life:
My family: My parents, wife and two	When she accepted my proposal
children	Past time I enjoy most: Music, outing
My birthday: 29th August	with friends, reading, playing pranks on
My profession: Business (interior	my wife
products)	My interests: Spirituality
My Asset: My height	My motto: "Whatever it takes"
My strength: Tenacity	My goal: I don't discuss my goals. But
My weakness: Impulsive shopping	show results.

Bulletin Team:

President: Shalin Shah | Secretary: Sanjey Ahuja Editor: Rtn Padmaja Venketram | Co – editor: Ann Anuradha Prasad